



MAY 28 IS MENSTRUAL HYGIENE DAY!

Menstruation matters *to everyone, everywhere*

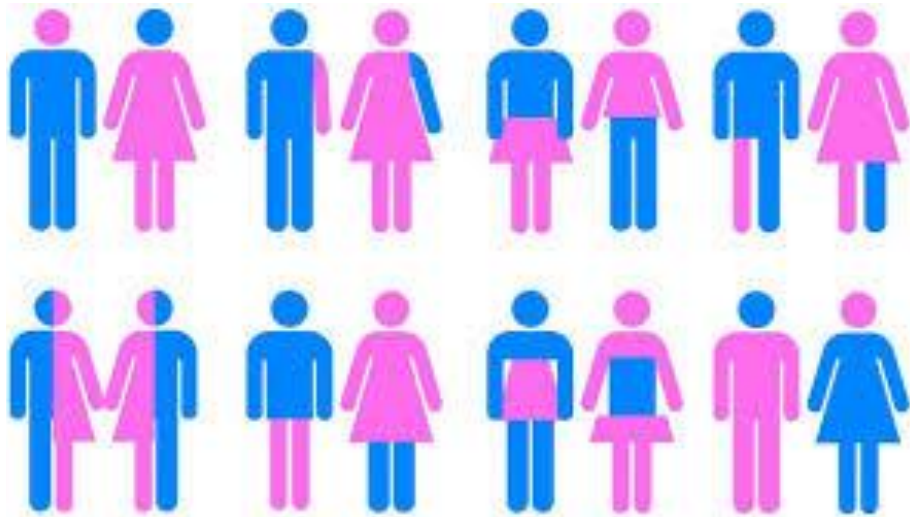
On Menstrual Hygiene Day, we advocate for a world where anyone, anywhere who menstruates can manage their period in privacy, in safety, and with dignity.

TWEET

#MenstruationMatters to everyone, everywhere. PERIOD. #LGBT #Transgender #MHDay

Menstruation matters TO TRANSGENDER PEOPLE

Not only women and girls menstruate. Transgender and intersex people may also menstruate if they were born biologically female. They often face specific challenges in managing their menstruation with normalcy and in dignity, especially with regard to the use of facilities and access to health services.



TWEET

Everyone has a right to manage their period in privacy, in safety, and with dignity. #MHDay #MenstruationMatters



Menstruation Matters to Women and Girls

On Menstrual Hygiene Day we build awareness about the fundamental role that good menstrual hygiene management plays in enabling women and girls to reach their full potential.

TWEET

#MenstruationMatters because women and girls everywhere need to manage their period with dignity. #MHDay

Menstruation matters WORLDWIDE

Women and girls around the world need to manage their menstruation during their reproductive age. The specific challenges that women and girls experience differ widely, depending on, for example, social norms, customs, education, geography and socio-economic factors. Yet it is fair to say that managing menstruation with normalcy and in dignity remains a challenge everywhere.



Menstruation matters to BOYS & MEN

Taboos and negative social norms around menstruation are perpetuated by society as a whole, including men. Including men and boys in conversations about menstruation is therefore critical to creating normalcy and fostering a supportive environment for women and girls.



Menstruation matters in ALL AREAS OF LIFE

Women and girls need to be able to manage their menstruation in all areas of life – at home, in school, at work, when travelling, etc. To ensure women and girls can manage their menstruation with normalcy and in dignity, their needs need to be taken into account in all areas of life.



Menstruation is a matter of EQUALITY

Women and girls miss out on education, work and other opportunities in life when they cannot manage their menstruation with normalcy and in dignity. Taboos and myths related to menstruation often portray women and girls as inferior to men and boys. This undermines gender equality and often constitutes discrimination.



Menstruation is an issue of INCLUSION

Every woman and girl should be able to manage her menstruation with normalcy and in dignity. The requirements of women and girls with disabilities need to be taken into account in all areas of life.





Menstruation Matters to Girls' Education

On Menstrual Hygiene Day let's advocate for menstrual hygiene access, facilities, materials, products, and support for girls to stay in school during their period and attain a quality education.



TWEET

Every day can be a good day if girls can attend school during their period.

#LetGirlsLearn #5MoreDays
#MenstruationMatters
#MHDday



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letgirlslearn.peacecorps.gov





Menstruation Matters to Mothers and Daughters

On Menstrual Hygiene Day let's build awareness about the fundamental role that good menstrual hygiene management plays in enabling girls to reach their full potential.



TWEET

Every day can be a good day when girls feel normal during their period.
#LetGirlsLearn #5MoreDays
#MHDday
#MenstruationMatters



TWEET

Good menstrual hygiene management is critical for keeping girls in school during their period.
#LetGirlsLearn #MHDday
#MenstruationMatters





Menstruation Matters to Fathers and Brothers

On Menstrual Hygiene Day, let's advocate to end the hesitation! Bring men and boys into the conversation to normalize menstruation.

TWEET

Every day can be a good day when girls don't feel ashamed during their period. #LetGirlsLearn #5MoreDays #MHDDay #MenstruationMatters

TWEET

Every day can be a good day when girls use good quality menstrual products. #LetGirlsLearn #5MoreDays #MenstruationMatters





Menstruation is a Necessity, Not a Luxury

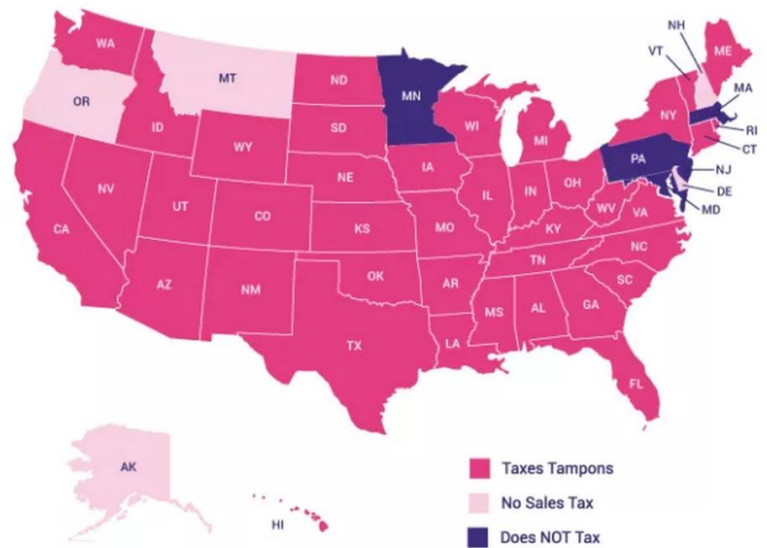
On Menstrual Hygiene Day, SAY NO TO THE TAMPON TAX! Let's advocate to remove the sales tax on menstrual hygiene products.



TWEET

Don't tax my period.
#MenstruationMatters
#MHDay

Which States Tax Your Period?



TWEET

#NoTaxForTampons.
Period.
#MHDay
#MenstruationMatters

